



# Seacoast Sport Clubs Lap Lane Schedule Updated January 1, 2018



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lanes 1, 2, 3 - LAP SWIM ALL DAY						
Lane 4 (This lane will be taken for oversized Aquasize classes or swim lessons)						
LAP SWIM ALL DAY	LAP SWIM ALL DAY	LAP SWIM ALL DAY	LAP SWIM ALL DAY	LAP SWIM ALL DAY	LAP SWIM ALL DAY	LAP SWIM ALL DAY
Lanes 5 & 6						
<u>7-9am</u> Lap Swim	<u>5:30-9am</u> Lap Swim	<u>5:30-9am</u> Lap Swim	<u>5:30-9am</u> Lap Swim	<u>5:30-9am</u> Lap Swim	<u>5:30-9am</u> Lap Swim	<u>7-8:30am</u> Lap Swim
<u>9am-5:45pm</u> Family Swim	<u>9-9:45am</u> Aquasize Daphne	<u>9-9:45am</u> Aquasize Wendy	<u>9-9:45am</u> Aquasize Diane	<u>9-9:45am</u> Aquasize Wendy	<u>9-9:45am</u> Private Lessons	<u>8:30-9:15am</u> Private Lessons
	<u>9:50-11am</u> Swim lessons	<u>9:45am-3:30pm</u> Family Swim	<u>9:50am-11am</u> Swim lessons	<u>9:45am-2pm</u> Family Swim	<u>9:45-10:30am</u> Family Swim	<u>9:15am-12pm</u> Swim Lessons
	<u>11am-2pm</u> Family Swim		<u>11am-3:30pm</u> Family Swim		<u>10:30-11:15am</u> Swim Lessons	<u>12-5:45pm</u> Family Swim
	****2-3pm*** Pool closed			***2-3*** Pool Closed	<u>11:15am-3:30pm</u> Family Swim	
	<u>3:30-6pm</u> Swim Lessons	<u>3:30-6pm</u> Swim Lessons	<u>3:30-6pm</u> Swim Lessons	<u>3-8:45pm</u> Family Swim	<u>3:30-6pm</u> Swim Lessons	
	<u>6-8:45pm</u> Family Swim	<u>6-8:45pm</u> Family Swim	<u>6-8:45pm</u> Family Swim		<u>6-8:45pm</u> Family Swim	

**2-3pm MONDAYS AND THURSDAY, THE POOL IS CLOSED FOR MAINTENANCE**