

April Menu 2018

Site:Rapid City

EASTER DINNER 2	1 #9 3	#5 4	#66 5	#66 6
Baked LS Ham Baked Sweet Potato Creamed Peas Cranberry Crunch Salad Dinner Roll Cookie	CLOSED DUE TO WEATHER	Chicken Fried Steak Mashed Potatoes w/Gravy Peas Apricots	Chunky Chicken Veggie Soup Garlic Bread LS V-8 Banana	Sloppy Joe w/Bun Potato Salad Tomatoes Cantaloupe Cranberry Orange Bar
#25 9	HAPPY BIRTHDAY 10	1-2A 11	#71 12	#20-1A 13
Sierra Chicken Casserole Cooked Spinach Baby Carrots Strawberries	French Dip Sandwich Baked Potato w/Sour Cream Green Beans Cranberry Sauce Apricots Cake	Creamy Potato Soup Egg Salad Sandwich Cucumbers Orange	Chicken Parmesan Scalloped Potatoes Corn O'Brien LS V-8 Tropical Fruit	Spaghetti w/Meat Sauce Steamed Broccoli Peaches Garlic Bread
#15-A1 16	#11 17	#23 18	#17 19	#21 20
Hamburger on a Bun Potato Salad Cooked Carrots Tomato Slices Banana	Mandarin Orange Chicken Baked Potato Broccoli Banana Chocolate Pudding w/Topping	Meatloaf Oven Brownd Potato Green Beans Jello w/Fruit	Sausage Gravy w/Biscuit Brussel Sprouts Baked Squash Strawberries	HAPPY SPRING! Chef Salad Crackers Peaches Cranberry Orange Bar
#4 23	21-2 24	7-3 25	25-1A 26	#65 27
Spanish Rice w/Hamburger Seasoned Spinach Grape Juice Mandarin Oranges	Hawaiian Chicken Salad Potato Salad Baby Carrots Banana	Pork Chops w/Celery Sauce Mashed Potatoes Carolina Beans LS V-8 Fresh Fruit	Taco Salad W/Meat & Beans Crackers Peaches Vanilla Ice Cream	BBQ Beef w/Bun Potato Wedges Broccoli Tomato/Lettuce Apricots
#31A 30				
Mexican Chicken Soup Crackers Cheddar Cheese Orange Juice Seasonal Fruit				

*All meals include 8 oz. 1% milk (1 CS)

Choice of 1- 2 bread / grain servings (1 – 2 CS)

Carb Servings = (CS) (1 = 15 grams Carbohydrate)

marked for diabetic diets

**All canned fruit is in light syrup

**Fat free dressing is served with salad

FOR RESERVATIONS OR CANCELLATION

PLEASE CALL

THE MEALS PROGRAM OFFICE AT 394-6002

OR THE MAIN KITCHEN AT 343-8214

24 HRS. IN ADVANCE