

Kobushi Family Karate Center Weekly Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Cage Fitness 8:30am - 9:00am
Little Dragons 4:00pm - 4:30pm	Little Dragons 4:30pm - 5:00pm	Special Needs Class 2:30pm - 3:00pm	Little Dragons 4:30pm - 5:00pm	Intermediate Blue - Red - Green 4:30pm - 5:30pm	Kids Make Up Test Day 9:00am - 10:00am
Intermediate Blue - Red - Green 4:30pm - 5:30pm	Introductory White Belts 5:00pm - 6:00pm	Little Dragons 4:00pm - 4:30pm	Introductory White Belts 5:00pm - 6:00pm	Beginners Yellow - Orange 5:30pm - 6:30pm	Kids Group Class Yellow Belts - Brown Belts 9:00am - 10:00am
Beginners Yellow - Orange 5:30pm - 6:30pm	Black Belts 6:00pm - 7:00pm	Intermediate Blue - Red - Green 4:30pm - 5:30pm	Black Belts 6:00pm - 7:00pm	Advanced Brown Belts 6:30pm - 7:30pm	Introductory White Belts 9:00am - 10:00am Nov. & Dec. Only Jan. 2015 / 10:00am - 11:00am
Advanced Brown Belts 6:30pm - 7:30pm	Cage Fitness 7:00pm - 7:30PM	Beginners Yellow - Orange 5:30pm - 6:30pm	Cage Fitness 7:00pm - 7:30PM		All Black Belts 10:00am - Noon Nov. & Dec. Only Jan. 2015 / 10:00am - 11:00am
Jr. Adults & Adults Black Belts 7:30pm - 8:30pm	Special Needs Class 7:00pm - 7:30pm	Advanced Brown Belts 6:30pm - 7:30pm	Special Needs Class 7:00pm - 7:30pm		Jr. Adults & Adults Group Class 8:00am - 9:00am Nov. & Dec. Only Jan. 2015 / 11:00am - 12 Noon
Cage Fitness 8:30pm - 9:00pm	Jr. Adults & Adults White Belts - Brown Belts 7:30pm - 8:30pm	Jr. Adults & Adults Black Belts 7:30pm - 8:30pm	Jr. Adults & Adults White Belts - Brown Belts 7:30pm - 8:30pm		
	Adult Black Belts 8:30pm - 9.30pm	Cage Fitness 8:30pm - 9:00pm	Adult Black Belts 8:30pm - 9.30pm		