

SCHEDULE

Monday	
4:00 - 4:30 pm little Dragons	- Chris Harhart
4:30 - 5:30 pm Intermediate	- Chris Harhart
5:30 - 6:30 pm Beginners	- Chris Harhart
6:30 - 7:30 pm Advanced	- Chris Harhart
6:30 - 7:00 pm Cage Fitness	- Daryl Tyrell
7:30 - 8:30 pm Jr. Adult and Adult Black Belts	- Chris Harhart
Tuesday	
4:30 - 5:00 pm Little Dragons	- Chris Harhart
5:00 - 6:00 pm Introductory	- Chris Harhart
6:00 - 6:30 pm Cage Fitness	- Daryl Tyrell
6:00 - 7:00 pm Black Belts	- Chris Harhart
7:00 - 7:30 pm Special Needs Class	- Donna Zerfass
7:30 - 8:30 pm Jr. Adults and Adults Colored	- Chris Harhart
Wednesday	
2:30 - 3:00 pm Special Needs Class	- Donna Zerfass
4:00 - 4:30 pm little Dragons	- Chris Harhart
4:30 - 5:30 pm Intermediate	- Chris Harhart
5:30 - 6:30 pm Beginners	- Chris Harhart
6:30 - 7:30 pm Advanced	- Chris Harhart
6:30 - 7:00 pm Cage Fitness	- Daryl Tyrell
7:30 - 8:30 pm Jr. Adult and Adult Black Belts	- Chris Harhart

Thursday, 4th

4:30 - 5:00 pm Little Dragons	- Chris Harhart
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5:00 - 6:00 pm Introductory	- Chris Harhart
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6:00 - 6:30 pm Cage Fitness	- Daryl Tyrell
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6:00 - 7:00 pm Black Belts	- Chris Harhart
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7:00 - 7:30 pm Special Needs Class	- Donna Zerfass
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7:30 - 8:30 pm Jr. Adults and Adults Colored	- Chris Harhart
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8:30 - 9:00 pm Cage Fitness	- Daryl Tyrell
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Friday, 5th

4:30 - 5:30 pm Intermediate	- Chris Harhart
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5:30 - 6:30 pm Beginners	- Chris Harhart
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6:30 - 7:30 pm Advanced	- Chris Harhart
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Saturday

8:30 - 9:00 am Cage Fitness	- Daryl Tyrell
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9:00 - 10:00 am Kids Group Class	- Chris Harhart
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10:00 - 11:00 am Kids Black Belt	- Chris Harhart
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10:00 - 11:00 am Introductory	
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11:00 - 12:00 pm Jr. Adult and Adult Group Class	- Chris Harhart
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