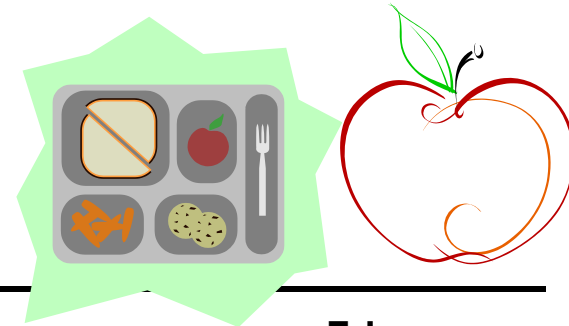
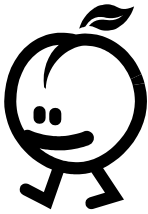


Parents: Visitors must call the front office by 9am to order their lunch the day they visit. The price of a visitor meal is \$3.00. We cannot charge any visitor lunches to your child's lunch account. Payments must be made in the front office before lunch. Thank you.  
Fresh Fruit and Unlimited Salad Bar offered EVERYDAY!!  
Milk or Juice Choice with each lunch. Drinking water is available.

# Promontory Lunch September 2018



Mon	Tue	Wed	Thu	Fri
	<u><b>Look For Fresh &amp; Local Peaches!</b></u>			
<b>3</b>  <u><b>Labor Day</b></u>  <u><b>No School</b></u>	<b>4</b> <i>A: Scrambled Eggs-GF,DF</i> <i>B: Fruit and Yogurt-GF</i> <i>Served with Homemade Pancake Squares</i>	<b>5</b> <u><b>PM Kindergarten</b></u> <i>A: Ham and Cheese Sandwich</i> <i>B: Chef Salad-GF,DF</i> <i>Served with Oven Baked French Fries</i>	<b>6</b> <i>A: Chicken Alfredo Pasta</i> <i>B: Mandarin Chicken Salad-GF,DF</i>	<b>7</b> <i>A: Cheese Pizza</i> <i>B: Sausage &amp; Mushroom Pizza</i> <i>Served with Sweet Corn</i>
<b>10</b> <i>A: Chicken Fajitas-GF,DF</i> <i>B: Taco Bar-GF,DF</i> <i>Served with Seasoned Black Beans</i>	<b>11</b> <i>A: Breakfast Pizza-GF,DF</i> <i>B: Fruit and Yogurt-GF</i> <i>Served with Fresh Banana Bread</i>	<b>12</b> <u><b>AM Kindergarten</b></u> <i>A: French Dip Sandwich</i> <i>B: Chef Salad-GF,DF</i> <i>Served with Oven Baked French Fries</i>	<b>13</b> <i>A: Cheese Pizza</i> <i>B: Chicken Alfredo Pizza</i> <i>Served with Sweet Corn</i>	<b>14</b> <i>A: Chili-GF,DF</i> <i>B: Baked Potato Bar-GF,DF</i> <i>Served with Homemade Cornbread Squares</i>
<b>17</b> <i>A: Enchiladas-GF</i> <i>B: Taco Bar-GF,DF</i> <i>Served with Refried beans</i>	<b>18</b> <i>A: Breakfast Burrito-DF</i> <i>B: Fruit and Yogurt-GF</i> <i>Served with a Muffin Square</i>	<b>19</b> <u><b>PM Kindergarten</b></u> <i>A: Hamburger-DF</i> <i>B: Mac &amp; Cheese</i> <i>Served with Oven Baked French Fries</i>	<b>20</b> <i>A: Cheese Pizza</i> <i>B: Pepperoni Pizza</i> <i>Served with Sweet Corn</i>	<b>21</b> <i>A: Ham &amp; Potato Soup-GF</i> <i>B: Mandarin Chicken Salad-GF,DF</i> <i>Served with Fresh Focaccia Bread</i>
<b>24</b> <i>A: Cheese Quesadilla</i> <i>B: Taco Bar-GF,DF</i> <i>Served with Seasoned Black Beans</i>	<b>25</b> <i>A: Sloppy Joe-DF</i> <i>B: Chef Salad-GF,DF</i> <i>Served with Oven Baked French Fries</i>	<b>26</b> <u><b>AM Kindergarten</b></u> <i>A: Scrambled Eggs-GF,DF</i> <i>B: Fruit and Yogurt-GF</i> <i>Served with Homemade Pancake Squares</i>	<b>27</b> <i>A: Sweet &amp; Sour Chicken-GF,DF</i> <i>B: Mandarin Chicken Salad-GF,DF</i>	<b>28</b> <i>A: Cheese Pizza</i> <i>B: Hawaiian Pizza</i> <i>Served with Sweet Corn</i>

Please contact me with any diet/allergy needs. Most meals can be adapted to meet your needs. \*\*Menu items possibly come in contact with gluten or dairy.

**USDA is an equal opportunity provider and employer.**