



**AND
DANCE!**

SUMMER DANCE CLASSES

13417 Pumice St. Norwalk, CA 90650 562.404.9339 www.anddance.com IG: [and_dancenorwalk](https://www.instagram.com/and_dancenorwalk)

Spring April 23-May 19

Summer June 4-June 30

Monday

Future Stars Ages 3-5 5-5:45 pm Miss Dre

Teen/Adult Tap (Open level.) Ages 11 & up

8 pm Ms. Toni

Tuesday

Teen Ballet Ages 12+ Miss Victoria

Thursday

Tech/Stretch/Conditioning Ages 10+ Int/adv 6:30-8 Miss Joy

Hip Hop Ages 6-10 7 pm Mr. DeAndre

Hip Hop Ages 11 & up 8 pm Mr. DeAndre

Saturday

Future Stars Ages 3-5 9-9:45 am Miss Issy

Tricks & Turns (beg) Ages 6 & up 10 am Miss Dre

Tricks & Turns (Int/Adv) Ages 10 & up 11 am Ms. Toni

Special Summer price: \$40 per class 4-week session

**20% Discount when you register for 2 or more classes
or for already registered And Dance Students**

ADULT FITNESS

ZUMBA Monday & Tuesday 8 pm

Saturday 9 am



CORE DE FORCE

An MMA inspired workout designed to slash inches off your waist, blast belly fat, and sculpt total-body definition

Thursday 8 pm



Cost: \$7 per class or 10-class card for \$50

JOIN OUR SUMMER MINI CAMPS

Watch our stars shine on July 13th, 14th and 15th at our Annual Student Showcase.

Tickets on sale May 12 at 8 am

Mini Summer Camps

All Camps are \$60 each. 50% deposit will hold your space. Must register 7 days in advance. 20% discount when you register for multiple camps or are already in

Aloha Adventures



Friday, June 15 9am—1 pm

Come and explore the beauty of the Polynesian Islands and learn the dances and songs from destinations such as Hawaii and Tahiti. Participants will also make a stylish floral accessory to dance in and take home. A Pareo (sarong) will be included for every dancer.

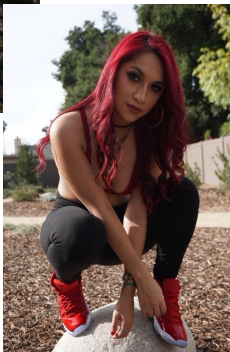
Ages 4-16

The Royal Ball

Friday, June 22 9am—1 pm

Our Prince and Princesses will spend the day being royally pampered. Dance to your favorite enchanted music, create some royal crafts and enjoy a tea party and a visit from one of our favorite princesses.

Ages 3-8



Friday, June 29 9am—1 pm Ages 6-18

Join us for a great day of Hip Hop with two of the most sought after dancers/choreographers in the business. This high energy camp will be the highlight of your summer. Join DeAndre Mays and Jordyn Castillo for a day you won't forget.