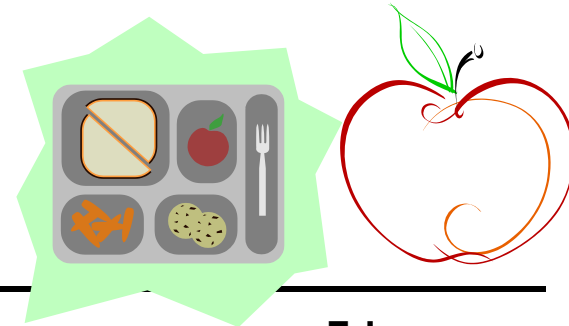
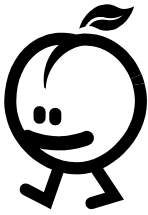


Parents: Visitors must call the front office by 9am to order their lunch the day they visit. The price of a visitor meal is \$3.00. We cannot charge any visitor lunches to your child's lunch account. Payments must be made in the front office before lunch. Thank you.

# Promontory Lunch September 2017



Mon	Tue	Wed	Thu	Fri
	<b><u>Look For Fresh &amp; Local Peaches!</u></b>			1 <b><u>No School</u></b>
4 <b><u>Labor Day</u></b> <b><u>No School</u></b>	5 <i>Sloppy Joe-DF</i> <i>Chef Salad-GF,DF</i> <i>W/Roll</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	6 (PM Kindergarten) <i>Cheese Quesadilla</i> <i>Taco Salad-GF,DF</i> <i>Refried Beans</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	7 <i>Scrambled Eggs-GF,DF</i> <i>Yogurt Parfait-GF</i> <i>From Scratch Pancakes</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	8 <i>Hawaiian Pizza</i> <i>Cheese Pizza</i> <i>Sweet Corn</i> <i>Fresh Fruit</i> <i>Salad Bar</i>
11 <i>Hamburger-DF</i> <i>Macaroni &amp; Cheese</i> <i>Tasty Bean Salad</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	12 <i>Bean Burrito-DF</i> <i>Taco Salad-GF,DF</i> <i>Refried Beans</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	13 (AM Kindergarten) <i>Korean Beef with Rice-GF,DF</i> <i>Mandarin Chicken Salad-GF,DF</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	14 <i>Ham &amp; Potato Soup-GF</i> <i>Chef Salad-GF,DF</i> <i>Fresh Focaccia Bread</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	15 <i>Pepperoni Pizza</i> <i>Cheese Pizza</i> <i>Sweet Corn</i> <i>Fresh Fruit</i> <i>Salad Bar</i>
18 <i>Chicken Taco-DF</i> <i>Taco Salad-GF,DF</i> <i>Seasoned Black Beans</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	19 <i>French Dip Sandwich</i> <i>Chef Salad-GF,DF w/Roll</i> <i>Tasty Bean Salad</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	20 (PM Kindergarten) <i>Chili-GF,DF</i> <i>Baked Potato Bar-GF,DF</i> <i>Homemade Cornbread</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	21 <i>Breakfast Burrito-DF</i> <i>Yogurt Parfait-GF w/Granola</i> <i>Fresh Fruit</i> <i>Vegetable</i> <i>Salad Bar</i>	22 <i>Chicken Alfredo Pizza</i> <i>Cheese Pizza</i> <i>Sweet Corn</i> <i>Fresh Fruit</i> <i>Salad Bar</i>
25 <i>Ham &amp; Cheese Sandwich</i> <i>Chef Salad-GF,DF w/Roll</i> <i>Tasty Bean Salad</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	26 <i>Spaghetti &amp; Meat Sauce-DF</i> <i>Mandarin Chicken Salad-GF,DF</i> <i>Fresh Breadsticks</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	27 (AM Kindergarten) <i>Cheese Quesadilla</i> <i>Taco Salad-GF,DF</i> <i>Seasoned Black Beans</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	28 <i>Breakfast Casserole-GF</i> <i>Yogurt Parfait-GF</i> <i>Homemade Banana Bread</i> <i>Fresh Fruit</i> <i>Salad Bar</i>	29 <i>Sausage &amp; Mushroom Pizza</i> <i>Cheese Pizza</i> <i>Sweet Corn</i> <i>Fresh Fruit</i> <i>Salad Bar</i>

Please contact me with any diet/allergy needs. Most meals can be adapted to meet your needs. \*\*Menu items possibly come in contact with gluten or dairy.

**USDA is an equal opportunity provider and employer.**